



# Blessed Trinity

May 31

## What is the Blessed Trinity?

The Feast of the Blessed Trinity, also known as Trinity Sunday, is observed on the first Sunday after Pentecost. It is a day dedicated to honouring the Holy Trinity, comprising God the Father, God the Son (Jesus Christ), and God the Holy Spirit, as one God in three Persons.

Trinity Sunday offers Christians an opportunity to reflect on the mystery of the Trinity and to contemplate the nature of God as revealed in Scripture. It is a day of worship, praise and adoration of God in his triune nature. This Feast has been celebrated as early as the 10th century.

Church services on Trinity Sunday often include hymns and prayers specifically focused on the Trinity, as well as Bible readings highlighting passages related to the three Persons of the Trinity, seeking to deepen congregants' understanding and appreciation of this foundational doctrine of the Christian faith.

Trinity Sunday also marks the conclusion of the liturgical season of Eastertide, which began with Easter Sunday. It serves as a bridge between the celebratory seasons of Easter and Pentecost, leading Christians into the ordinary time of the liturgical calendar.

The Feast of the Blessed Trinity provides an opportunity for believers to reaffirm their faith in the triune God and to express gratitude for the divine love, grace and fellowship that flows from the Father, through the Son, and in the Holy Spirit. It is a day of spiritual reflection, unity and reverence within the Christian community.

[Blessed Trinity CES Website](#)

[St. David's Roman Catholic Church Website](#)



## Prayer

In the name of the Father, and of the Son and of the Holy Spirit;

Heavenly Father,

On this blessed Trinity Sunday, we come before You in awe and reverence, celebrating the mystery of the Holy Trinity. You are the Creator, the Redeemer and the Sanctifier, three Persons in one God, bound together in perfect love.

Lord Jesus, Son of the Father, we thank You for Your sacrifice and Your unending love. You showed us the way to the Father, and through Your life, death and resurrection, You opened the gates of Heaven for us. Help us to follow in Your footsteps with faith and courage.

Holy Spirit, Giver of Life, we ask for Your guidance and wisdom. Fill our hearts with Your presence, and inspire us to live lives that reflect Your love and truth. May Your gifts of wisdom, understanding and courage empower us to be faithful witnesses of the Gospel.

Blessed Trinity, we pray for our students and staff. May they grow in knowledge and love of You. Grant them the strength to face challenges with faith, the wisdom to seek Your will and the love to serve others with joy.

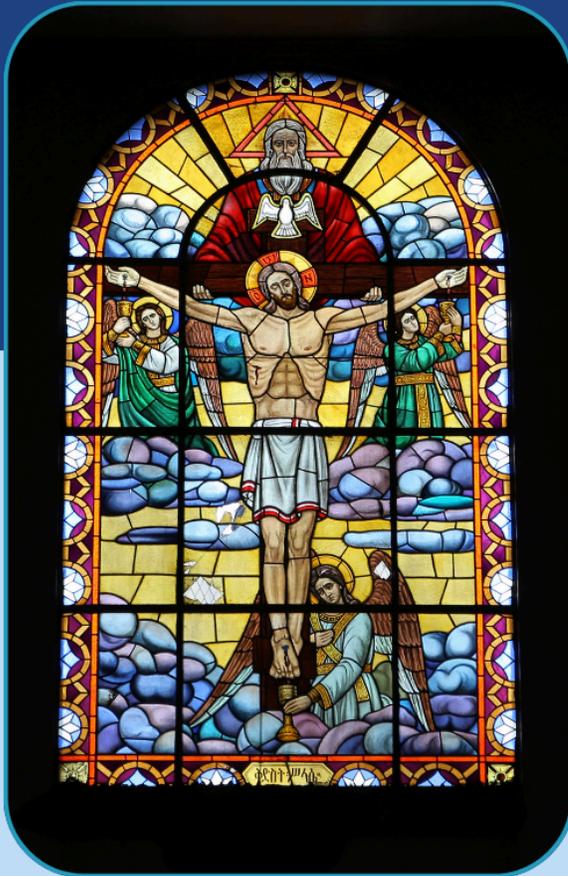
We ask this in the name of the Father, and of the Son and of the Holy Spirit.

Amen.





**York Catholic District School Board**



**FEAST DAY:  
May 30**

**SCHOOL LOCATION:  
Maple, ON**

*"Now the Lord is the Spirit,  
and where the Spirit of  
the Lord is, there is  
freedom."*

*- 2 Corinthians 3:17*

**Blessed  
Trinity**

